

Liebe Gäste,

sie sind im „Casa del Sol“ zu Gast. Dem Namen folgend sind wir seit kurzem stolze Besitzer einer Solaranlage.

Um diese optimal zu nutzen, möchten wir ihnen einige Tipps an die Hand geben.

- Waschen sie bitte tagsüber Wäsche.
- Lassen Sie den Geschirrspüler bitte ebenfalls tagsüber laufen.
- Duschen Sie nach Möglichkeit vor Einbruch der Dunkelheit.

Dear guests,

you are a guest at “Casa del Sol”. As the name suggests, we have recently become the proud owners of a solar system.

We would like to give you a few tips to make the most of this opportunity.

- Please do the laundry during the day.
- Please also run the dishwasher during the day.
- If possible, shower before nightfall.

Estimados Húspedes,

usted es huésped de “Casa del Sol”. Haciendo honor a su nombre, recientemente nos hemos convertido en los orgullosos propietarios de un sistema solar.

Nos gustaría darles algunos consejos para aprovechar al máximo esta oportunidad.

- Por favor, lave la ropa durante el día.
- Por favor, deje también el lavavajillas en marcha durante el día.
- Si es posible, dúchese antes del anochecer.

Welcome to El Guincho

Thank you for choosing our paradise. We hope you enjoy your stay with us!

With this folder we want to give you information and tips about the house - and what you can do during your stay if you are on Tenerife or in Icod/Garachico for the first time. But maybe there is also something new for „old hands“!

Your hosts Dolores, Markus & Dirk

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1. Important information about the house and electrical appliances

Your contact person on site

Dolores is your contact person on site. She is a pearl of a person and very helpful.

She will either welcome you on your arrival or visit you in the first few days after your arrival. You are welcome to address any requests or questions to her. Dolores only speaks Spanish. You can therefore improve your language skills with her or push a translation programme to its limits.

WLAN access

The password for our WLAN is located in the living room next to the TV. Access to the internet works via so-called „vouchers“. These are 6-digit codes that must be entered after having connected to the WLAN via password. These are time-limited to your stay. Each device with which you want to go online requires its own code.

You should have already received the required number of vouchers for your devices during the pre-arrangements.

If further devices are required, we will provide them.

Animals

A house in the countryside also brings animals with it.

There are some stray cats that often visit the house. Please do not feed or otherwise attract the cats!

While having dry weather periods there likely will be ants in the house. Ant spray is available in the house, but should be a last resort. To avoid ants, food and drinks should not be left out. Empty drinks cans also attract the animals. There are plastic containers in the cupboards to store food safely. Please collect empty cans and rubbish in the bin under the sink and dispose them regularly.

Waste disposal

The rubbish bins are located about 100 metres to the left of the house on the path to the main road. Only residual waste is disposed of here.

For glass, plastic, paper and cooking oil waste, there are appropriate collection points on the main street of El Guincho. You will find them either to the left and to the right at the main street.

Hot water

In the utility room on the ground floor (to the right of the flat door, sometimes a bit sluggish to open) there is a water boiler that provides hot water in the bathroom and kitchen. To the left of the boiler there is a socket and a switch which, when clicked on „1“, provides hot water. A description is displayed in the utility room.

Washing machine

The washing machine is also located in the utility room. There are brief instructions on the washing programmes on the machine.

The water inlet is located to the left of the machine. The red knob there must be turned towards the wall in order to use the machine. Brief instructions are displayed next to the washing machine. There is also a clothes horse there.

You can dry your laundry on the small terrace behind the living room.

Plants in the house

If you like the plants in the house, we would be very grateful if you would water them depending on the weather.

This is a request and not an obligation!

Gully in the courtyard behind the small bedroom

It sometimes happens that the gully starts to smell musty after a long period of dry weather. The tap next to it can then be opened for water and the odour will disappear after a few minutes.

2. Shopping

There is a shop in the village that is usually open Monday to Saturday from 9.00 am to 1.00 pm. It is small but well-stocked and sells drinks, groceries, fresh fruit, vegetables and bread.

You will find the shop on the main road to Garachico - approx. 50 metres behind the „Coma y Punto“ cafeteria. There is also a „Correos“ post box at the shop, which is emptied regularly.

If you have travelled via the Autopista, you may have noticed the Lidl in Icod near the Hospital del Norte. You can also shop here from Monday to Saturday, and the supermarket is usually open from 09:00 to 22:00. In addition to the car parks in front of the supermarket, there is also a car park on the first floor, which can be used free of charge.

In Icod there are smaller „Dino“ markets as well as a Mercadona, all of which also offer a wider range of fresh food. A visit to Icod is also a good idea for other shopping.

If you are looking for a supermarket with a large selection, we recommend Al Campo in the Centro Comercial „La Villa“ between La Orotava and Puerto de la Cruz (TF-5, exit #36). You can also do some shopping here on Sundays. However, please check the internet (<https://www.alcampo.es/empresa/tienda/la-orotava>) or the information boards at the entrance of the supermarket if you should shop there on a regular opening day.

If you are travelling on a Sunday, you can get your first supplies there if you take the route via the southwest - the Lidl supermarket in Los Gigantes is open on Sundays from 8.00 am to 10.00 pm. The Aldi supermarket in Adeje, Las Torres district, has the same opening hours.

If you are travelling via the northern airport near La Laguna or from the southern airport via Santa Cruz, you can shop on Sundays near Puerto De La Cruz, where Lidl and HiperDino (both on the TF-5, exit #35) are open

There is also a small supermarket in Garachico that is open on Sundays. It is located near the church and is currently open on Sundays from 8.00 am to 2.00 pm.

3. Doctor/hospital

On working days (Mon-Fri) the Centro de Salud in Icod, Calle Francisco Miranda 31, is open from 08.00 to 20.00 hours - phone 922 92 34 15. Outside of these hours, the Hospital del Norte can be reached from El Guincho in approx. 10 minutes by car.

4. Restaurants in El Guincho

La Cofradía del Mar

Located directly above Calle La Coronela, you are not far from this restaurant, which is known for its fresh fish.

Coma y Punto

A cafeteria with nice service and snacks. Currently closed on Thursdays

El Drago

Seems to be closed permanently as of September 2024.

5. *Titsa buses („Guaguas“)*

You can get around the island of Tenerife without a car. Understanding the bus system is not easy. The timetables are not easy to read either, as only individual junctions are listed. At the top is the total journey time for the route. So you have to do a little maths and speculate.

On the website (<https://titsa.com/index.php/en/tus-guaguas/tu-proxima-guagua>), the next departures are displayed when you enter the bus stop number.

Each bus stop has its own 4-digit number. The bus stop in front of the house is called „El Patio“.

Line 363 Buenavista del Norte ⇌ Icod ⇌ Puerto de la Cruz runs there

The stops have the following numbers

- 4486 - direction Puerto de la Cruz (diagonally to the right opposite the „Cofradía del mar“ restaurant)
- 4436 - in the direction of Buenavista del Norte (directly in front of the restaurant „Cofradía del mar“)

There is a QR code with the timetable in the bus shelters.

There is an app, which in our opinion is not very suitable for tourists. The website <https://titsa.com> is more user-friendly. Google Maps also has good connections!

6. *We like to swim here*

Playa El Guincho

The village's own beach is about a 10-minute walk through the village centre - unfortunately, it is not permitted to enter the banana plantation as it is a private property. We ask you to respect this.

It is a rocky beach with a concrete sunbathing area, which is also secured by lifeguards at weekends, bathing shoes are recommended.

Icod / Playa de San Marcos

The nearest sandy beach is Playa de San Marcos, which is about 30 minutes away on foot or otherwise easily accessible by bus or car. As the sand is black, we also recommend bathing shoes.

Los Realejos - Playa del Socorro

The beach is spacious and offers, among other things, a toilet, changing facilities and a bistro. Lifeguards are also usually on site. The swell is

sometimes very strong, so swimming is not always recommended for children

Take bus 363 in the direction of Puerto de la Cruz for around 30 minutes to the 'El Socorro' stop. From there, follow the signs.

By car it takes about 20 minutes. However, the last few metres after leaving the TF-42 are not without difficulty due to the narrow and steep road. The number of parking spaces directly on the beach is manageable.

As the access road is a dead end, there is little traffic noise.

El Rincon - Playa del Bollullo

This beach is very adventurous to reach by car, as the road leading to it rarely has room for two cars side by side. And once you arrive at the car park (for a fee), you have to continue on foot until you finally reach the beach. You can take the bus to the 'El Durazno' district of Puerto de la Cruz and walk to the beach from there - it takes 45 to 60 minutes, depending on your pace.

However, the effort is worth it, as many locals consider this to be the most beautiful beach in the north. Sunshades and sunbeds can be hired depending on availability, but you shouldn't rely on them! There is a small beach bar on the beach itself and the 'Bollolo Beach' restaurant at the car park.

Santa Cruz - Playa de las Teresitas

Located to the north of the capital, in San Andres, and created from „imported“ Sahara sand, this is one of the few light-coloured sandy beaches. Sunbeds and parasols can be hired here if required and if you are hungry or thirsty, one of several small beach bars is always just a few steps away.

At weekends, the car parks are usually full from midday and it is a matter of luck to get one of the many parking spaces.

El Médano - La Tejita

In our opinion, those who shy away from the hustle and bustle of El Médano beach are better off at Playa de la Tejita. It is located between El Médano and Las Abrigos and is primarily frequented by locals.

Depending on the time of year, you can also hire a sun lounger and parasol here, and there is also a nudist area.

Food and drinks are not offered and it is often a little windy, so wind protection can be helpful.

7. Our favourites in ...

Icod de Los Vinos

The Drago Milenario - whether it really is 1,000 years old is debatable. But it's certainly big. If you like, you can pay the entrance fee (currently €5 per person) and see a number of medicinal and useful plants as well as a Guanche cave in the surrounding garden and get very close to the drago. But it is cordoned off!

If you want to see the tree for free, you can also see it quite well from the nearby church square of the Iglesia de San Marcos. The small stand there is also a small local celebrity.

Garachico

Garachico is one of the most beautiful towns in Tenerife and can be easily reached on foot through the car tunnel, by bus or by car. But this can also be a problem: If you are travelling by car, we recommend getting there as early as possible, as many tourists arrive every day in coaches and cars to stroll around Garachico. Parking spaces are therefore often a matter of luck.

The local ice cream parlour on the main street has a large selection and the small restaurant at Castillo de San Miguel - also located on the main street - offers relatively inexpensive food. And a great view of the sea. The spray from the breaking waves is often spectacular. However, it can also happen that the entire promenade is closed due to excessive swell! Of course, this also applies to the seawater swimming pools located there.

Our favourite pizzeria is hidden in a courtyard just above the main street near the ice cream parlour at Calle Eutropio Rodríguez de la Sierra, 14 and is called La Casa Agraria. It is currently open Thursdays to Sundays from 6.30 pm and is also suitable for vegans.

Those who like handmade ceramics will find a large selection of vases, bowls and the typical Canarian tiles, similar to those laid on the floor of the small bedroom, in a small, inconspicuous pottery workshop located Calle Esteban de Ponte 3.

Puerto de la Cruz

You can't miss Loro Parque because of its massive advertising. It is also definitely worth a visit, possibly as a combined ticket with the Siam Park in the south of the island - if you like water slides, you'll get your money's worth here. However, depending on the day of the week and the holiday season, it can get very crowded, so you should either consider the VIP pass or take your time queuing.

If you're looking for something a little less crowded and like flamenco, you'll get your money's worth on Thursdays at the „Casa Abaco“ in Calle Casa Grande, Urbanización el Durazno. The show takes place in a Canarian manor house. If you like, you can eat before or after the show in the neighbouring restaurant „Titos Bodeguita“, which has a bit of an „Ibiza feeling“ as the restaurant is designed like a club.

La Laguna

San Cristóbal de La Laguna is the largest university town on the island. The island's only tram runs from here to Santa Cruz. It is well worth a visit.

In addition to a visit to the historic old town, which was declared a UNSECO World Heritage Site in 1999, we recommend a visit to the „Museo de La Ciencia y El Cosmos“, a hands-on science museum.

El Médano

The whole of El Médano is a favourite for us. Anyone arriving via the south airport will certainly recognise the Montaña Roja, which welcomes you or seems to say „goodbye“ on your return flight. Incidentally, you can climb it and get a great view of El Médano itself.

We like to go there to buy a voucher for a portion of churros at the ice cream parlour on the way to the beach, which are then made fresh in hot oil 10 metres further on.

The Agua Café is also a relaxed place to spend time eating, drinking and watching the kitesurfers and people strolling past. We particularly like the salad with nuts there!

La Orotava

Anyone travelling to La Orotava should definitely visit the Casa de los Balcones. It is a beautiful, well-preserved manor house that houses a museum and takes visitors back to the 17th century.

Opposite the Casa is the studio of Osman, a painter who has lived on Tenerife for many years and who paints Canarian landscapes and towns and sells them as art prints for what we think is a fair price. Incidentally, to the right is an entrance to a car park that many visitors overlook - but the entrance and exit is a bit of an adventure due to the steep incline. However, if you don't have any problems at the stop sign from „our“ street, you will also manage the car park well.

Adeje

We think there are two „must do's“ in Adeje:

1. walk through the Baranco del Infierno
2. eat in the „Oasis“ restaurant

The Baranco is a small gorge with a beautiful hiking trail that even inexperienced hikers can easily complete. At the end, the hiking trail „rewards“ you with a waterfall - depending on the season and the amount of rain. However, it can also happen that the waterfall dries up. As this is a dead end, you then return to the starting point, but of course with a completely different perspective.

Caution: Be sure to buy tickets in advance (<https://www.barrancodelinfierno.es/en/>), for nature conservation reasons visitors are only allowed into the gorge at fixed starting times and if you want to try your luck at the box office, you may be out of luck.

The Oasis restaurant (Calle Grande 5) makes it easy: there are only two starters and one main course:

- Salad with the delicious Canarian tomatoes, which even when slightly green have a flavour that is second to none
- Bread with or without butter
- Chicken pieces with garlic crust
- Homemade chips
- Papas arrugadas with homemade mojo rojo

In our opinion, that's all you need to be happy. Even if you're vegan, you'll get your fill here at a more than fair price.

Teide

We probably don't need to write much about this. With its unique landscape, the national park is a „must“ for all visitors.

If you would like to take the cable car (Teléferico) to the summit, book your tickets online in advance as capacity is limited.

If you book the star tour at night, take warm socks, gloves and warm clothing with you - it can get very cold. But the sunset and stargazing are well worth it!

El Sauzal

Few tourists know about the Parque de los Lavaderos in the small town of El Sauzal between La Laguna and La Orotava. This is the former washing place of El Sauzal and is now a park. Situated on a slope, there are quite a few steps to climb if you want to get from the main road to the small café, which is nestled halfway up the cliff. Alternatively, you can enter the park from the village side and climb the steps towards the café.

Entry to the park is free and we think the view of the sea is well worth a visit.